

IIHF 4 MAN SYSTEM ICE TEST DESCRIPTION

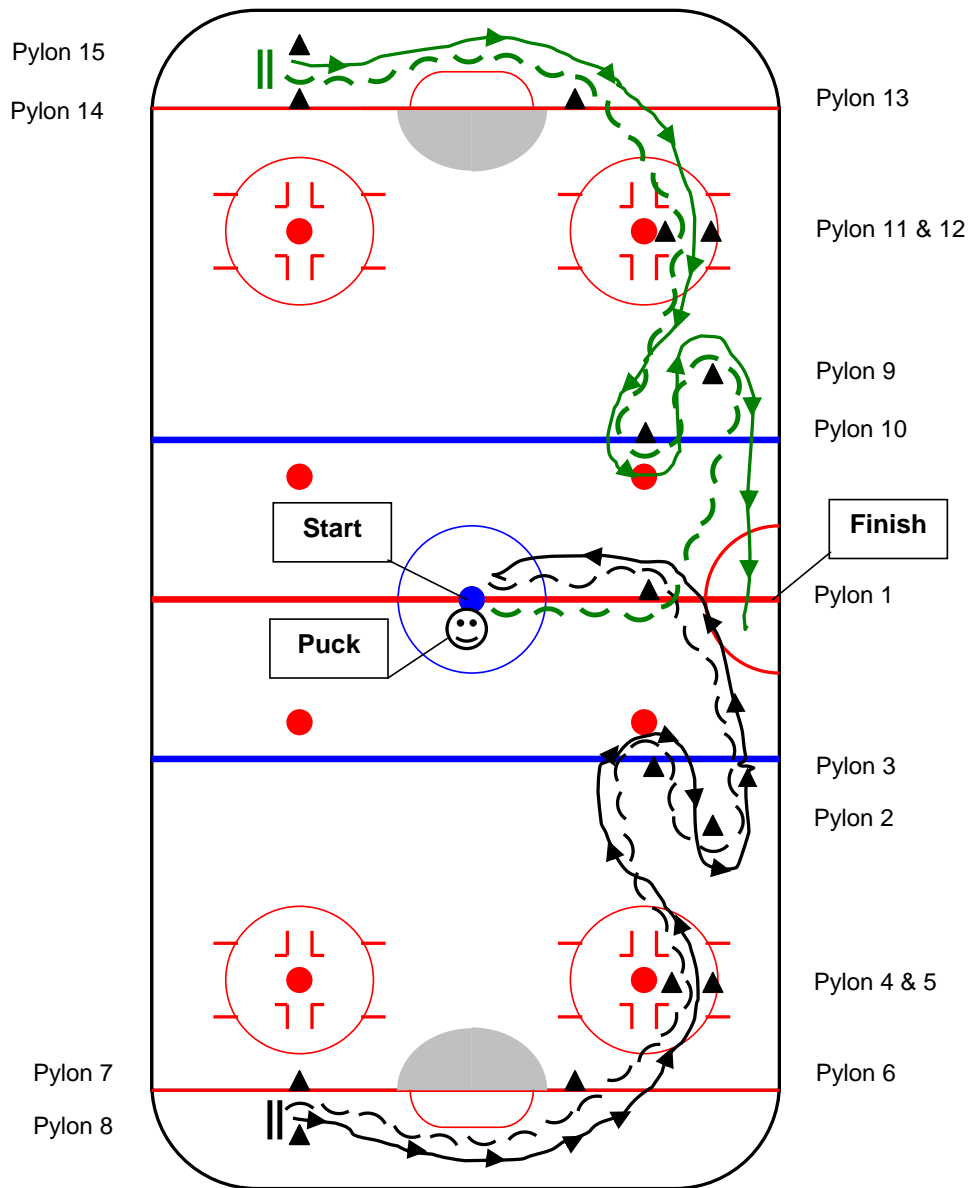


Figure 1

IIHF OFFICIALS' DEVELOPMENT PROGRAM



The participant stands with the puck in his hands at the center ice face off spot. As soon as he drops the puck and start to skate backwards the time is switch on. The time stop when the skater cross the finish line.

After dropping the puck at the center face off spot, participant shall skate backwards around **Pylon 1** at the left side, continue skating backward passing **Pylon 2** and **Pylon 3** as shown on the Figure 1, continue skating backwards between **Pylons 4** and **Pylon 5**, pass **Pylon 6** and goal net. Passing the imaginary line between **Pylon 7** and **Pylon 8** he shall make complete stop and then shall start to skake forward by the same way to the center face off spot. **(Back lines)**. Arriving at the center face off spot he shall take the puck and with the puck in his hand skate backwards around **Pylon1** at the right side continue skating backward passing **Pylon 9** and **Pylon 10** as shown on the Figure 1, continue skating backwards between **Pylons 11** and **Pylon 12**, pass **Pylon 13** and goal net. Passing the imaginary line between **Pylon 14** and **Pylon 15** he shall make complete stop and then shall start to skate forward by the same way to the center red line where is the end of the test. **(Green lines)**.

Pylons Position:

Pylon 1 – At center red line 6 m from the line of the center ice circle

Pylon 2 & Pylon 9 – 4.5 m from blue lines and 3 m from the boards.

Pylon 3 & Pylon 10 – At the blue lines follow the imaginary line in front of the neutral zone face off spots.

Pylon 4 & Pylon 11 – 1 m from the side of the end zone face off spots

Pylon 5 & Pylon 12 – 2 m from the side of the end zone face off spots

Pylon 6 & Pylon 13 – On the goal line 2 m from the line forming the goal crease line

Pylon 7 & Pylon 14 – On the goal line follow the imaginary line in front of the end zone face off spots

Pylon 8 & Pylon 15 – 2m from the Pylons 7 and Pylon 14

Symbols

4 Man System Ice Test on Figure 1 displays the following symbols:

▲ - Pylon

😊 - Puck

⤴ ⤵ ⤴ - Skating backwards. Second part of the test

⤴ ⤵ ⤴ - Skating backwards. First part of the test

→ - Skating forward. First part of the test

→ - Skating forward. Second part of the test